

We Claim:

1. A safety harness, comprising:
 - a) a first strap and a second strap;
 - b) a D-ring operatively connected to the straps having a first position and a second position, the first position being an upright receiving position, the second position being a connected operating position; and
 - c) a biasing mechanism operatively connected to the D-ring, wherein the biasing mechanism urges the D-ring to the first position.
2. The safety harness of claim 1, wherein the biasing mechanism is a spring member.
3. The safety harness of claim 1, wherein the biasing mechanism is an elastic member.
4. The safety harness of claim 1, further comprising an impact indicator operatively connected to the D-ring, wherein the impact indicator provides indication when the D-ring has been subjected to a force.
5. The safety harness of claim 4, wherein the force is at least 500 pounds.
6. The safety harness of claim 4, wherein the impact indicator is an indication mark on the D-ring that is exposed when the D-ring has been subjected to a force.
7. The safety harness of claim 4, wherein the impact indicator is an ink filled pellet that stains the straps when the D-ring has been subjected to a force.
8. The safety harness of claim 4, further comprising a dorsal pad assembly interconnecting the straps and the D-ring.
9. The safety harness of claim 1, further comprising a dorsal pad assembly interconnecting the straps and the D-ring.
10. The safety harness of claim 9, wherein the dorsal pad assembly includes the biasing mechanism.
11. The safety harness of claim 10, wherein the dorsal pad assembly includes the impact indicator.

12. The safety harness of claim 11, wherein the impact indicator is a change in appearance of the dorsal pad assembly thereby providing visual indication that the D-ring has been subjected to a force.
13. The safety harness of claim 1, further comprising a wear pad operatively connected to the D-ring, the wear pad reducing wear on the straps.
14. A safety harness, comprising:
 - a) a first strap and a second strap;
 - b) a D-ring operatively connected to the straps; and
 - c) an impact indicator operatively connected to the D-ring, the impact indicator providing indication when the D-ring has been subjected to a force.
15. The safety harness of claim 14, wherein the impact indicator is an indication mark on the D-ring that is exposed when the D-ring has been subjected to a force.
16. The safety harness of claim 14, wherein the impact indicator is an ink filled pellet that stains the straps when the D-ring has been subjected to a force.
17. The safety harness of claim 14, wherein the impact indicator is a clip member.
18. The safety harness of claim 14, further comprising a dorsal pad assembly interconnecting the straps and the D-ring, the dorsal pad assembly including the impact indicator.
19. The safety harness of claim 18, wherein the impact indicator is a change in appearance of the dorsal pad assembly thereby providing visual indication that the D-ring has been subjected to a force.
20. The safety harness of claim 18, wherein the impact indicator is a clip member.
21. The safety harness of claim 14, further comprising a biasing mechanism operatively connected to the D-ring, the D-ring having a first position and a second position, the first position being an upright receiving position, the second position being a connected operating position, the biasing mechanism urging the D-ring to the first position.
22. The safety harness of claim 21, wherein the biasing mechanism is a spring member.

23. The safety harness of claim 21, wherein the biasing mechanism is an elastic member.
24. A safety harness having a first strap and a second strap, comprising:
- a) a D-ring operatively connected to the straps having a first position and a second position, the first position being an upright receiving position, the second position being a connected operating position; and
 - b) means for urging the D-ring to the first position.
25. The safety harness of claim 24, further comprising a dorsal pad assembly, the dorsal pad assembly including the means for urging the D-ring to the first position.
26. The safety harness of claim 25, further comprising means for providing indication that the D-ring has been subjected to a force.
27. The safety harness of claim 26, wherein the dorsal pad assembly includes the means for providing indication that the D-ring has been subjected to a force.
28. A dorsal pad assembly for use with a safety harness having a first strap and a second strap, comprising:
- a) a D-ring operatively connected to the straps having a first position and a second position, the first position being an upright receiving position, the second position being a connected operating position;
 - b) a biasing mechanism operatively connected to the D-ring, the biasing mechanism urging the D-ring to the first position; and
 - c) an impact indicator operatively connected to the D-ring, the impact indicator providing indication when the D-ring has been subjected to a force.
29. A dorsal pad assembly for use with a safety harness including straps, comprising:
- a) a D-ring having a bar portion, a first position, and a second position, the first position being an upright receiving position, the second position being a connected operating position;
 - b) a D-ring clip having a cavity, the bar portion of the D-ring being positioned within the cavity and being engaged by the D-ring clip;

c) a dorsal pad having slots and a D-ring connector portion, the straps of the harness being routed through the slots, the D-ring connector portion having a second cavity, the D-ring clip being positioned within the second cavity and being engaged by the dorsal pad; and

d) a biasing mechanism interconnecting the D-ring clip and the dorsal pad, the biasing mechanism applying a force on the D-ring clip thereby urging the D-ring to the first position, wherein when the D-ring is placed in the second position and the biasing mechanism urges the D-ring to the first position.

30. The dorsal pad assembly of claim 29, further comprising a catch operatively connected to the D-ring clip, the catch extending into the cavity of the D-ring clip and releasably holding the bar portion of the D-ring within the cavity.

31. The dorsal pad assembly of claim 30, wherein the catch releases the bar portion when a force is exerted upon the D-ring thereby providing visual indication that the D-ring has been subjected to a force.

32. The dorsal pad assembly of claim 31, the force being at least 500 pounds.

33. The dorsal pad assembly of claim 29, further comprising lips operatively connected to the dorsal pad proximate the second cavity, the straps of the harness being routed over the lips, the lips protecting the straps from the D-ring clip as the D-ring clip pivots within the second cavity thereby reducing wear on the straps of the harness.

34. A method of securing a safety harness donned by a user to a connector of a safety device, comprising:

a) constantly urging a D-ring operatively connected to straps of the safety harness to an upright position relative to the user, the D-ring having a first position and a second position, the first position being an upright receiving position, the second position being a connected operating position; and

b) securing the connector of the safety device to the D-ring in the upright receiving position.

35. The method of claim 34, further comprising performing tasks proximate the safety device, the D-ring being in the second position and being constantly urged to the first position.

36. The method of claim 35, further comprising disconnecting the connector from the D-ring, the D-ring returning to the first position.

37. A dorsal pad assembly for use with a safety harness having a first strap and a second strap, comprising:

a) a D-ring operatively connected to the straps having a first position and a second position, the first position being an upright receiving position, the second position being an impact indicator position; and

b) a mechanism operatively connected to the dorsal pad assembly, the mechanism substantially holding the D-ring in the first position and allowing the D-ring to be in the second position when the D-ring has been subjected to a force.

38. The dorsal pad assembly of claim 37, wherein the mechanism is a biasing mechanism.

39. The dorsal pad assembly of claim 37, wherein the mechanism is a clip member.

40. The dorsal pad assembly of claim 37, wherein the second position provides indication that the D-ring has been subjected to a force.

41. A dorsal pad assembly for use with a safety harness having a first strap and a second strap, comprising:

a) a D-ring operatively connected to the straps having a first position and a second position, the first position being an upright receiving position, the second position being an impact indicator position; and

b) means for substantially holding the D-ring in the first position and allowing the D-ring to be in the second position when the D-ring has been subjected to a force.

42. The dorsal pad assembly of claim 41, wherein the mechanism is a biasing mechanism.

43. The dorsal pad assembly of claim 41, wherein the mechanism is a clip member.

44. The dorsal pad assembly of claim 41, wherein the second position provides indication that the D-ring has been subjected to a force.